

Superfly: Technical Preparation

A. Scales

a) Aeolian Mode of B



b) Straight Scale



c) Bowing Exercise (Hexham Shuffle)



B. Spanning the Fifth

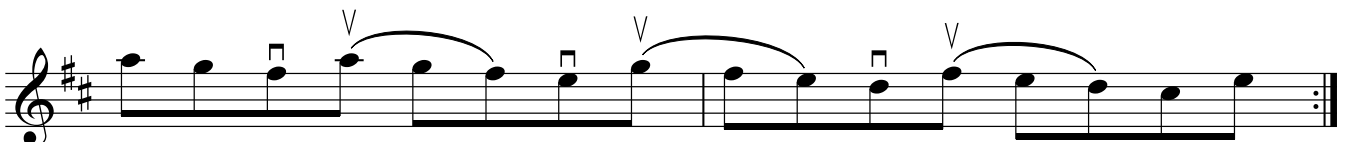


C. Motifs

a) Frère Jacques & Jacques Frère



b) Bowing Exercise (Hexham & Georgia Shuffles)



D. Ornamentation

a) Upper Mordents

b) Exercise

c) Adding a Cut

d) Adding a Flick

e) Adding a Roll

f) Birls (written)

(played)