

# NEFS 2026: Block 2 Technical Exercises

## A. B-flat Major Single Octaves

### 1. Upper Octave

Exercise 1 consists of six staves of musical notation in B-flat major, 4/4 time. Each staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a common time signature. The exercises are as follows:

- a)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a breath mark above it.
- b)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- c)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- d)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- e)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- f)** A sequence of eighth notes: G4, A4, Bb4, C5, D5, E5, F5, G5. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.

### 2. Lower Octave

Exercise 2 consists of four staves of musical notation in B-flat major, 4/4 time. Each staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a common time signature. The exercises are as follows:

- a)** A sequence of eighth notes: G3, A3, Bb3, C4, D4, E4, F4, G4. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- b)** A sequence of eighth notes: G3, A3, Bb3, C4, D4, E4, F4, G4. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- c)** A sequence of eighth notes: G3, A3, Bb3, C4, D4, E4, F4, G4. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.
- d)** A sequence of eighth notes: G3, A3, Bb3, C4, D4, E4, F4, G4. The first note has a square fingering box above it. The last note has a double bar line with repeat dots.

### B. B-flat Major Two Octaves

#### 1. Consistant Frame

a)

b)

#### 2. Scale Patterns

a)

b)

c)

#### 3. Arpeggios

a)

b)

c)

i) ii) iii) iv)